

Reaction timer card

This card is a fun item which measures your reaction for a simple task, but of course driving on today's roads is a very complex procedure and requires skills of care, courtesy and concentration at all times.

Remember to keep a safe distance from the vehicle in front and be ready to stop well within the distance you can see to be clear.



Follow the '2-second' rule

It's a good idea to allow at least a two-second gap between you and the vehicle in front on roads carrying fast traffic. The gap should be at least doubled on wet roads, and increased further on icy roads.

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How fast can you react?

If you can't do better than this be very careful on the road.

5

Still a bit slow! you need to react quicker than this when driving.

4

Fair to middling but always concentrate on your driving and keep a safe distance from the vehicle in front.

3

If you stop it here – twice in succession – you are among the top echelon of 'ordinary' drivers.

2

Probably only rally, racing and police class 1 drivers will regularly stop in this section.

1

This simple test will give an indication of how fast your reaction is.

Ask a friend to hold the card with the bottom edge 3in (8cm) above your slightly open thumb and forefinger.

When the card is released, just close your finger and thumb – try to catch the card between them.

